

# West Ridge Breeze

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April 2015

## From Richard's Desk

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All of us at West Ridge are looking forward to spring coming. March was a tough month for many of us as we battled the cold and flu bugs again.

With the change of weather that is sure to bless us this month, we look forward to the opportunity to get outside more often. This is always a great time to

look over your loved one's clothing situation to make sure that those spring and summer items are marked and in good condition. Keep in mind that you may want to leave a few sweaters as the weather changes a lot this time of year. Also, the air conditioning in the summer can be cool to some, making it difficult to satisfy the tem-

perature for everyone.

Attention Elders and families: The Lost and Found is filling up again. Please check your closets and drawers to see if they might be missing something.

Richard



## Nursing Notes

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Hello All! Happy Spring!! In follow up to last month's newsletter, I will be having my new little girl Sunday, March 29<sup>th</sup>, 2015. In last month's newsletter I discussed who could help you during my maternity leave of absence.

We got a wonderful blessing this week, when Donna Staton RN our previous Director of Nursing, agreed to return to West Ridge and serve as our interim Director of Nursing, while I am out enjoying my new little lady. Donna gladly accepted the

task of holding the nursing department down for the next 5 weeks! This gives me a great peace of mind to know she will be here for all the residents, families, and for staff support as well. Please feel free to stop in my office and introduce yourself to Donna. She is a wealth of knowledge and has been a mentor to me for 20 years. She has been a nurse for 40 years plus and has dedicated much of her career to long term care. Donna will be a great resource for us the next 5 weeks!

As always you can reach out to any department head with any questions or concerns. Please see the list in the front of this newsletter.

I want to thank everyone for all your well wishes, support, prayers and love during this exciting time.

See you all May 4<sup>th</sup>!!!!!!

Katie



## Happy Birthday to You

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The following people have birthdays in the month of April. Be sure to wish them a "Happy Birthday" when you see them!

### Elders

Doris Connell on 4/1

Vern Glotfelty on 4/15

Marie Sproston on 4/21

Jane Carney on 4/22

Sharon Murdock on 4/25

### Care Partners

Brittney Shasteen on 4/3

Carolyn Green on 4/7

Kelly Kimble on 4/9

Jason Ryan on 4/11

Kendal Howze on 4/21

Cassy McSpadden on 4/21

Jessica Wenger on 4/23

Becky Pickart on 4/28

Kirsten Rabedeaux on 4/30



## Let's Welcome Them

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We would like to welcome the following people to the West Ridge family. We hope that they find West Ridge to be a special place to live and work.

### Elders

Jenette Bush

Melvin Cunningham

Mary Donahue

Mary Ellen Finnigan

Jean Gilliatt

Don Graham

Joan Mass

Donald Mantor

Helen Patterson

Dr. William Robson

Martha Schrader

Beverly Trumball

Alberta Welty

Larry Willer

Milo Zahradnik

### Care Partners

Gina Callan

Angela DiRenzo

Isabel Frisch

Kelsi Pringle

Sherrie Taube



## Happy Anniversary

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Thank you to the following staff who have anniversary dates in the month of April for all your hard work and dedication to West Ridge.

### TWELVE YEARS

Paula McQuown

### ELEVEN YEARS

Cathy Powers

### Six Years

Brandy Hansen

### Two Years

Martha Aguilar



## Activities and Recreation

**ATTENTION VOLUNTEERS:** Be sure to mark your calendars for Thursday, April 30th for the Volunteer Tea. More details will be sent to you. We hope that you will join us and give us an opportunity to thank you for all you do for West Ridge.

Thank you to everyone who helped in any way with this year's Easter Egg Hunt. It was a big success and the kids went away with a lot of candy! Thanks to the elders for filling the eggs and helping

to hide them, thank you to the staff who also helped hide eggs, thank you to the young volunteers that helped out, like Emily, Mikayla, Derek and Lauren, thank you to the parents for taking the time to bring your children to West Ridge for the Hunt, and finally thank you to all the kids for coming and brightening our day.

You may notice this is an abbreviated version of the newsletter. We are trying something new this month but

we would love to have your thoughts and feedback on it. The March newsletter can be found on our website. Pictures from events like the Easter Egg Hunt and other events and daily life can be found on our Facebook page.

Happy Spring!

Julie



## In Sympathy

We would like to express our deepest sympathies to the family and friends of Hedy Benesh. She touched our hearts and we will truly miss her.

Miluji tě Hedy!



## Pictures

