

# Friends and Family Meals

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## Guest Meals

Guests are always welcome at lunchtime and dinnertime meals.

Monday-Friday:

Please provide a 3-hour notice

Weekends & Holidays:

Please provide a 24-hour notice

## Reserving Space

If you'd like to reserve the back sitting area or conference room for a meal, please see Pat at the front desk.

## Visiting at Meals

Visitors are always welcome during meal times. However, due to limited seating in the dining room, residents and their guests will be seated in one of our other dining room areas in the building (back sitting area or conference room) if they are available. We apologize for any inconvenience. If you'd still like your loved one to eat in the dining room, you are more than welcome to visit our living room during mealtimes.

### Meal Times

Main Dining Room

#### Open Breakfast

**7:30-9:00am**

After 9:00am, a cold breakfast will be served.

#### Lunch

**12:00pm**

#### Dinner

**5:30pm**





# Alternative Menu

*Available from 7:30am-7:30pm*

Cold Cereal with Milk

Fresh Fruit

Yogurt

Toast

Scrambled Eggs

Cottage Cheese

Cold Cheese Sandwich

Cold Deli Meat Sandwich

Peanut Butter and Jelly Sandwich

Grilled Cheese Sandwich

Soup with Crackers

(Tomato, Vegetable Beef, Chicken Noodle)

Hard Boiled Egg

Small Lettuce Salad with Dressing

String Cheese

Macaroni and Cheese